The Community for Spiritual Formation

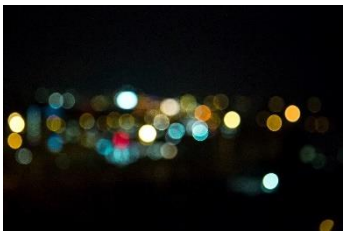
Saturday 19th November 2022

An online retreat day with Edel McLean

Treasures of darkness (Isaiah 45:3)

Edel McLean is a facilitator and spiritual director who is currently employed as a learning and development officer for the Methodist Church in Britain, having previously worked at Loyola Hall, an Ignatian spirituality centre, and Fisherwick Presbyterian Church in Northern Ireland. She has a particular interest in supporting people as they integrate a lived awareness of God into every aspect of their lives.

Edel shares more about the theme



As we enter into the Advent season, we are aware of the darkness that exists in the world around us – the cost-of-living crisis, environmental catastrophe, the war in Ukraine, and wars and hunger across our planet. As we wait for the light, how do we also pay attention to the treasures hidden in the struggles and challenges of the world? We will spend the day listening to the truths of our own lives, and of the world, and use Ignatian meditation to connect to how God is present with us, even in the waiting of Advent.

Programme for the Day

09:30	Gathering
09:40	Words of Welcome & Orientation
09:50	Morning Prayer
10:00	Listening and Learning 1
10:45	Silence/Reflection
12:00	Group Plenary/Sharing
12:45	Midday Prayer
13:00	Lunch/Free Time
14:15	Listening and Learning 2
15:00	Silence/Reflection
16:15	Group Plenary/Sharing
17:00	Evening Prayer
17:15	Close

Further information

To register for this event please email fivedaycsf@btinternet.com by **Friday 4th November 2022.** Worship material will be sent by email prior to the event. **It is important to be present for the whole day.**

Cost: Donations to the Community are invited, with a suggested minimum amount of £10. This can be Gift Aided; forms and bank details will be shared when you register.

To find out more about the Community for Spiritual Formation please visit: https://5daycommunity.com/

Leadership team for this event:
Sheryl Anderson, Jill Baker, James Bamber