

7-day prayer guide for the Armed Forces

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Royal Navy (RN) & Royal Marines (RM)	For those in Command over Others – From those at UK Joint Headquarters to the Leading Hand (RN) or Corporal (RM) who is, for the first time, given responsibility for the care and output of a diverse team of individuals.	For Veterans – Especially those struggling with transition; those who leave as a result of discipline or mental health issues; those who find themselves homeless or isolated; those in trouble or in prison.	New Recruits – At HMS RALEIGH (Torpoint, Cornwall), Britannia Royal Naval College (Dartmouth, Devon) and the Commando Training Centre (Lymington, Devon). Pray that the Staff demonstrate wisdom, grace and good humour as they mentor and train recruits; that hidden depths of courage, strength and dignity may be unlocked in the formation of our sailors and marines.	For Military Support Services – The Navy’s Welfare Specialists, Social Workers, Doctors and QARNNS Nurses (Emergency, Primary and community Mental Health specialists), Chaplains and Naval Charities (Aggie Weston’s and others).	Those Deployed – on land and sea. Deployments can be exciting and professionally rewarding. Equally, they can be times of stress, of loneliness and of fear.	For Relationships – for many RN and RM personnel and their families, deployments are hard to look forward to, hard to get through, and hard to pick up relationships on returning. Separation and uncertainty adds an immense, though not unique strain on partners, children and the wider families of Serving Personnel.	For the Medically Downgraded and the Injured – Those who with care and their own determination will recover and for those who are permanently injured and face transition out of the Royal Navy.

7-day prayer guide for the Armed Forces

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Army	For chaplains who serve in regiments and formations in a variety of different locations around the world. Pray that they may be true to the highest traditions and standards of the Royal Army Chaplains' Department.	For those service personnel who place their lives and health at risk on operations at home and overseas. Pray that they may carry out the duties assigned to them professionally and effectively. Pray that their personal and family relationships may be sustained through long periods of separation.	For those who continue to carry the wounds of past military service in body, mind or spirit. Remember those who bear the scars of conflict and experience the daily reminder of the pain and cost of conflict. Pray that they may find healing and hope.	For Garrison Churches as they seek to bear witness to the presence and love of God through worship and service. Pray that both buildings and congregations may serve the needs of their military communities and share in the mission of God.	For those who often work alongside chaplains in providing care to soldiers. Pray for Army Scripture Readers, pastoral workers, health care professionals and the staff of the Army Welfare Service.	For the children and partners of soldiers who share in the opportunities and challenges of military life. Pray that all families receive the help and support they need. Pray for service schools who provide care and education for children at home and overseas.	For service veterans and the associations and charities that continue to support them. Pray for the Royal British Legion, the Army Benevolent Fund, Help for Heroes and Combat Stress.

7-day prayer guide for the Armed Forces

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Royal Air Force (RAF)	<p>Deployed personnel: that they may have a sense of meaning and purpose in the work that they do. That they carry out their duties in accordance with U.K. law and that they never overstep their bounds. That they feel valued for the work that they are doing. That they are able to maintain their relationship with those who care for them. That they not be injured in body, mind or spirit by the various demanding</p>	<p>RAF Families: we ask for prayers for the families of serving personnel. Give thanks for those who sacrifice by moving location regularly to suit the service, often putting their careers second to the serving person. For those families that face the tough decision to move their children from school to school, opt for boarding school or face extended periods of separation as the family settle in one location whilst the service person commutes to their duty station. Remember the families for whom the serving person is deployed, that they may know the support of the welfare agencies and</p>	<p>RAF Chaplains: We ask for prayers for all those who feel called to explore chaplaincy in the RAF, especially those Presbyters and Deacons from the Methodist Church. We pray for all those chaplains currently serving in the U.K. and overseas. We ask that God’s presence give them strength, wisdom and compassion to respond to all people and circumstances. Pray for their witness to a people of diverse backgrounds and faiths, that they may witness to the love of God in all their words and actions. We pray that they keep their</p>	<p>Trainees: Please pray for all those who are considering coming into the Armed Forces: for their time of preparation; that they may find the right people to talk to about their training, the lifestyle, the demands and the joys. For trainees and cadets that they may have the strength and resilience to face the learning and the exercises and fitness demanded of them. Remember those who come from a faith background, that they may be able to keep strong in their relationship with God through their time in the military. For the Directing</p>	<p>MoD civilians: Pray that the Civil Servants and the contractors would be valued by the Military Personnel as they provide continuity in a fluid community. For all those who are anxious about their continued employment in these roles as the Ministry of Defence endeavours to balance the budget.</p>	<p>Veterans: Pray for all our veterans that they may know that their service has not been forgotten. Pray for work Royal Air Force Association, the Royal Air Force Benevolent Fund and all other charities who help those veterans adjust to civilian life. We pray for those who are still scarred by war – physically, mentally or spiritually, that they may find a safe space to remember, to talk and to live.</p>	<p>For all who work for the MoD and struggle with their Mental Health: that the support groups and accessibility of the specialist workers would be available when needed.</p>

7-day prayer guide for the Armed Forces

	situations they face.	the strength of God for all the tasks they have to do.	relationship with the Methodist church strong and hold fast to the calling God has placed on their lives.	Staff who welcome, encourage and train the individuals.			
--	-----------------------	--	---	---	--	--	--