



Hush the Noise  
Join the Love Song  
this Christmas



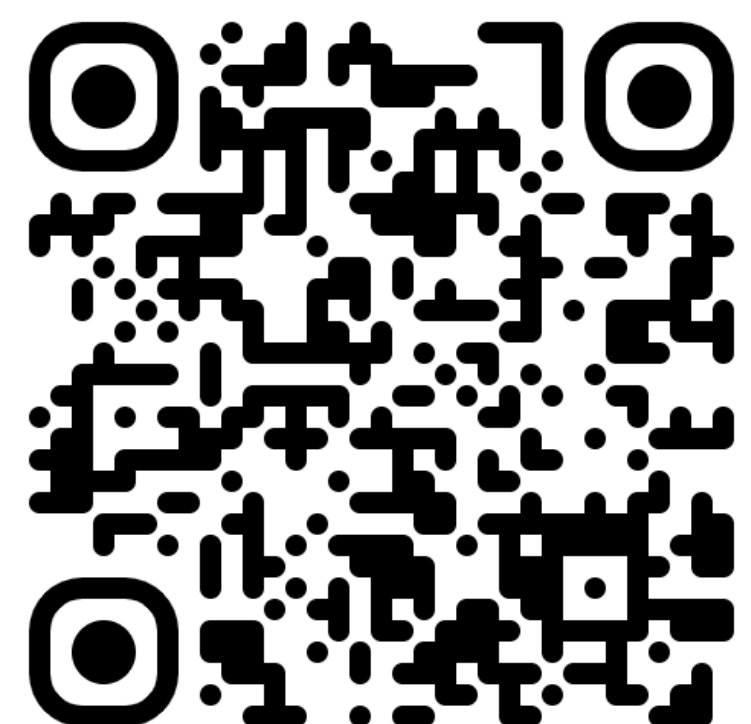


Christmas is loud, isn't it?  
So much expectation.  
So many voices.  
Telling us how to celebrate,  
what to wear, what to eat  
and drink, what to watch  
and what to buy.

Instead, we're inviting you to  
Hush the Noise – to join the  
love song this Christmas.

Discover daily Christmas  
reflections to help you  
Hush the Noise at

[methodist.org.uk/HushTheNoise](https://methodist.org.uk/HushTheNoise)



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